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In vivo efficacy of humanised intermittent versus continuous ceftazidime in combination with tobramycin in an experimental model of pseudomonal pneumonia

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ABSTRACT

In this study, we compared the efficacy of ceftazidime (CAZ) intermittent versus continuous infusion with or without tobramycin (TOB) for the treatment of pneumonia caused by Pseudomonas aeruginosa in rabbits. Treatments were humanised and mimicked intermittent CAZ (iCAZ) (2 g three times daily), continuous CAZ (cCAZ) (4g once daily (qd)) and TOB (10 mg/kg qd). Minimum inhibitory concentrations (MICs) were 1 mg/L and 4 mg/L for TOB and CAZ, respectively. Bacterial efficacy in lungs was as follows: control, 9 ± 0.6 colony-forming units (CFU)/g; TOB monotherapy, 8 ± 0.5 CFU/g; iCAZ monotherapy, 7.8 ± 1.4 CFU/g; cCAZ monotherapy, 8 ± 0.4 CFU/g (P=0.005); and iCAZ+TOB, 8 ± 0.5 CFU/g; cCAZ+TOB, 7.2 ± 0.3 CFU/g (P<0.05). Bacterial efficacy in the spleen was as follows (% sterile): control, 4 ± 1.6 CFU/g (0%); TOB monotherapy, 1.7 ± 1.2 CFU/g (60%); iCAZ monotherapy, 3.5 ± 0.5 CFU/g (17%); cCAZ monotherapy, 1.5 ± 0.6 CFU/g (75%) (*P*=0.02); and iCAZ+TOB, 2.1 ± 0.6 CFU/g (50%); cCAZ+TOB, 1.2 ± 0.3 CFU/g (82%) (P<0.05). The time the drug concentration was above the MIC (T>MIC) was 62% and 99% for iCAZ and cCAZ, respectively. We conclude that CAZ is more effective when administered continuously, especially for the sterilisation of septicaemia. A synergistic therapeutic effect of the association CAZ+TOB was observed in vivo, which can be explained by the longer T>MIC of cCAZ. These findings suggest that continuous treatment with 4 g CAZ could be appropriate in patients with *P. aeruginosa* infections. © 2008 Elsevier B.V. and the International Society of Chemotherapy. All rights reserved.

1. Introduction

Pseudomonas aeruginosa is a dangerous nosocomial pathogen [1,2] and infections can be difficult to treat because of resistance to many antibiotics, including those commonly used in hospitals.

There is still no consensus regarding the most effective way to administer parenteral β -lactam antibiotics for the treatment of bacterial infections. Today, continuous infusion of β -lactam drugs is often proposed since the pharmacodynamics is more effective [3–5]. However, in vivo experimental and clinical investigations failed to demonstrate a clear improvement in antibacterial effect.

The aim of this study was to compare the antibacterial efficacy of intermittent versus continuous ceftazidime (CAZ) in combination with tobramycin (TOB) on experimental pneumonia induced by *P. aeruginosa* in rabbits. In all of the experiments, treatments were

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humanised in order to simulate the human pharmacokinetics of the different treatments. These drugs were chosen since they are often recommended for treatment of pseudomonal infections [6–8].

2. Methods

2.1. Bacterial strain, growth conditions and antibiotics

Pseudomonas aeruginosa PA14 was used as the wild-type reference strain [9].

2.2. Minimum inhibitory concentration (MIC) determination

Drug MICs were determined by the standard dilution method in agar according to the Comité de l'Antibiogramme de la Société Française de Microbiologie [10].

2.3. Preparation of the inoculum

Before each animal experiment, one aliquot of *P. aeruginosa* PA14 was inoculated into Mueller–Hinton broth (MHB), cultured

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on agar plates and then incubated for 24 h at 37 °C. Three colonies were taken and incubated in 10 mL of MHB for 6 h at 37 °C, then cultured on agar plates for 18 h at 37 °C. This culture was then diluted in physiological saline to obtain a final concentration of 9.5 \log_{10} colony-forming units (CFU)/mL. No adjuvant was used. This concentration was first determined using optical density measurements, in reference to a standard curve, and then confirmed by using successive dilution cultures.

2.4. Animals

Immunocompetent, male, New Zealand White rabbits (body weight 3 kg) were obtained from the Zootechnical Center (University of Burgundy, Dijon, France). They were placed in individual cages and were provided with food and water ad libitum.

2.5. Production of experimental P. aeruginosa pneumonia in rabbits

Central venous catheters were installed and pneumonia was induced as previously described [11,12]. Briefly, 24 h after jugular catheterisation, bacterial pneumonia was induced by endobronchial challenge with 0.5 mL of saline containing 9.5 log₁₀ CFU/mL of one of the tested strains.

2.6. Human-like intravenous (i.v.) treatment with CAZ and TOB treatments

A 2-day treatment was delivered by infusion and started 5 h after bacterial challenge. CAZ and/or TOB were delivered over 2 days through the central venous catheter with changing infusion rates obtained by a computer-controlled electric pump in order to simulate the kinetics observed in human serum as previously described [11,12]. For CAZ, two types of administration were simulated in animals. (i) The human equivalent of intermittent CAZ (iCAZ), 2 g over a 0.5-h infusion three times daily [13–18]. For this treatment, the target concentration of serum CAZ was ca. 80 mg/L at the end of the infusion and a trough level of ca. 5 mg (the administered daily dose was 131 mg/kg/day). And (ii), the human equivalent of continuous infusion (cCAZ) at a daily dose of 4 g. For this method of delivery the target concentration of serum CAZ was ca. 30 mg/L [19,20] (the administered daily dose was 200 mg/kg/day).

TOB was administered to simulate in animals the human TOB treatment of 10 mg/kg i.v. once daily; the objective was to obtain a concentration of 30 mg/L at the end of the infusion [7,21].

2.7. Pharmacokinetic (PK) analysis

For each animal, the concentrations of antibiotics in serum were determined on iterative blood samples obtained through the second central catheter.

TOB and CAZ concentrations were determined by a disc plate bioassay with *Bacillus subtilis* ATCC 9466 and *Proteus mirabilis* ATCC 21100 as the indicator organisms, respectively. The limits of detection were 0.1 mg/L and 0.5 mg/L, respectively. Standard curves were established with solutions (progression from 0.5 mg/L to 7 mg/L) in serum. The linearity of the standard curves used for disc plate bioassays was at least 0.98 (r^2). The serum samples were diluted in serum to ensure that their concentrations would be within the range of those on the standard curve. The standard samples were assayed for each experiment and concentrations were assayed in duplicate. The between-day and within-day coefficients of variation for replicates were $\leq 10\%$ and $\leq 12\%$, respectively, for both assays. In the case of

drug combination, a cephalosporinase (P99; Sigma, Saint-Quentin-Fallavier, France) was used to inhibit CAZ, and polyethanol sulfonate was used to inhibit TOB, as previously described [10].

2.8. Evaluation of infection

Rabbits were anesthetised and sacrificed 1 h after the end of antibiotic infusion to avoid any carry-over effect. The spleen and each pulmonary lobe were weighed and homogenised in sterile water. Bacteria were counted in a sample of this crude homogenate by plating 10-fold dilutions on Mueller–Hinton agar and incubating the plates for 24 h at 37 °C; the threshold was 1 log CFU/g. Bacterial concentrations in each lung and in the spleen were determined after adjusting for weight. For each rabbit, the mean pulmonary bacterial concentration was calculated using the bacterial concentration of each lung (expressed as CFU/g).

The appearance of less susceptible *P. aeruginosa* was systematically looked for by plating lung homogenate on media containing $2-4 \times$ the MIC.

2.9. Pharmacodynamic (PD) analysis

The following parameters relating to MIC were calculated: peak drug concentration in serum (C_{max})/MIC ratio; area under the serum concentration–time curve from 0 h to 24 h (AUC₀₋₂₄)/MIC ratio; and time the concentration was above the MIC (T>MIC) expressed as a percentage.

2.10. Statistical analysis

Results are expressed as the mean \pm standard deviation. Quantitative variables were compared by analysis of variance (ANOVA), which was eventually completed by a post hoc analysis using the Bonferroni test. Non-parametric tests were also performed. Percentages were compared using the Fisher's exact test. A *P*-value of <0.05 was considered significant.

3. Results

MICs of *P. aeruginosa* PA14 were 1 mg/L and 4 mg/L for TOB and CAZ, respectively.

Simulation of human pharmacokinetics was successful in all of the animals (Fig. 1). C_{max} and trough drug concentration in serum (C_{min}), respectively, were $80 \pm 20 \text{ mg/L}$ and $2.6 \pm 2 \text{ mg/L}$ for iCAZ





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Table 1

Antibacterial efficacy of human-like treatment with intermittent or continuous infusion ceftazidime (iCAZ and cCAZ, respectively) with or without human-like tobramycin (TOB) treatment on experimental pneumonia due to fully susceptible *Pseudomonas aeruginosa* PA14 in rabbits

	Control $(n=9)$	Monotherapy			Combination therapy	
		TOB (<i>n</i> = 5)	iCAZ $(n=6)$	cCAZ(n=4)	iCAZ + TOB(n=6)	cCAZ + TOB (n = 11)
Lung (log CFU/g) Spleen (log CFU/g) Sterilised spleen (n (%))	$9 \pm 0.6^{a} \ 4 \pm 1.6^{c} \ 0^{e}$	$\begin{array}{c} 8\pm 0.5 \\ 1.7\pm 1.2^d \\ 3(60) \end{array}$	$\begin{array}{c} 7.8 \pm 1.4 \\ 3.5 \pm 0.5 \\ 1 \ (17) \end{array}$	$\begin{array}{c} 8\pm 0.4 \\ 1.5\pm 0.6^{d} \\ 3(75) \end{array}$	8 ± 0.5 2.1 ± 0.6 3 (50)	$\begin{array}{c} 7.2\pm0.3^{b} \\ 1.2\pm0.3^{d} \\ 9(82) \end{array}$

CFU, colony-forming units.

^a P = 0.005 compared with treated groups.

^b P = 0.05 compared with other treated groups.

^c No difference compared with iCAZ monotherapy, but significantly different from other treated groups (*P*=0.02).

^d No difference.

 e^{χ^2} for all groups, *P*=0.01. Significant ranking is as follows: control=iCAZ+TOB=iCAZ+TOB</br>

cCAZ=cCAZ+TOB. Furthermore, intermittent infusions differed from continuous infusions (*P*=0.01) and combinations differed from monotherapies (*P*=0.13).

and 30 \pm 8.6 mg/L and 0.5 \pm 0.5 mg/L for TOB. The cCAZ serum levels were 31 \pm 8 mg/L.

The AUC values for both CAZ treatments were equivalent $(411 \pm 210 \text{ and } 410 \pm 67 \text{ for iCAZ and cCAZ, respectively}).$

The results of antibacterial efficacy of the different regimens are shown in Table 1 and Fig. 2.

Overall, there was a contrast between the relatively weak efficacies in the lung for any regimen and the relatively high rate of sterilisation of blood cultures as measured by spleen cultures.

Compared with controls, all of the treatment regimens were associated with a weak but significant reduction in bacterial load in the lungs; however, only the combination of cCAZ and TOB was associated with a significant bacterial reduction compared with other treated groups.

In the spleen, no significant bacterial reduction was observed when animals were given iCAZ compared with non-treated animals. All other regimens were associated with a significant antibacterial effect. The most active regimens were cCAZ with or without TOB and TOB alone. When the proportion of splenic sterilisation was considered, again iCAZ was ineffective compared with controls. In contrast, the cCAZ regimens with or without TOB were the most active, reaching 80% sterilisation.

No bacteria with decreased susceptibility to either CAZ or TOB were found in the residual population of pulmonary or splenic bacteria.

The PD data related to the MIC are shown in Table 2.

Although overall exposure was almost the same for both CAZ regimens, as measured by AUC/MIC, their PK/PD profiles were different. The $C_{\rm min}/MIC$ ratio was as high as 7.8 for cCAZ and, as expected, almost zero for iCAZ. Furthermore, cCAZ was associated with antibiotic concentrations that were always above the MIC,

Table 2

Pharmacodynamics of human-like treatments with intermittent or continuous infusion ceftazidime (iCAZ and cCAZ, respectively) with or without human-like tobramycin (TOB) treatment on experimental pneumonia due to fully susceptible *Pseudomonas aeruginosa* PA14 in rabbits

	TOB	iCAZ	cCAZ
C _{max} /MIC	30.8 ± 8.6	20 ± 10^{a}	7.8 ± 2
C_{\min}/MIC	-	0.7 ± 0.6^{b}	7.8 ± 2
AUC ₀₋₂₄ /MIC	101 ± 46	103 ± 52	102.7 ± 1
T>MIC (%)	45 ± 15	63 ± 31^{c}	99 ± 1

 C_{max} , peak drug concentration in serum; MIC, minimum inhibitory concentration; C_{min} , trough drug concentration in serum; AUC₀₋₂₄, area under the serum concentration-time curve from 0 to 24 h; *T* > MIC, time the drug concentration was above the MIC.

^a P = 0.001.

^b P = 0.001.

^c P = 0.009.



Fig. 2. Antibacterial efficacy of human-like treatments of intermittent or continuous ceftazidime (iCAZ and cCAZ, respectively) with or without human-like tobramycin treatment (TM) on experimental pneumonia caused by fully susceptible *Pseudomonas aeruginosa* PA14 in rabbits: (A) lungs; and (B) spleens. Results are expressed as mean of bacterial concentration (log colony-forming units (CFU)/g). Comparisons between groups were done using analysis of variance (ANOVA) and Bonferroni test if indicated. The proportions of spleen sterilisation were significantly different between groups (χ^2 , *P* = 0.01); significant ranking was as follows (no. sterile/no. of animals): control (0/9) = iCAZ (1/6) < TM (3/5) = iCAZ + TM (3/6) < cCAZ (3/4) = cCAZ + TM (9/11). Furthermore, intermittent infusions differed from continuous influsions (*P* = 0.01) and combinations differed from monotherapies (*P* = 0.13).

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whilst T>MIC for the iCAZ regimen was around two-thirds of the infusion interval.

For TOB, the mean C_{max} /MIC ratio was as high as 30.

4. Discussion

To our knowledge, this is the first study to investigate the efficacies of CAZ and TOB combinations using human-like treatments in experimental bacteraemic pseudomonal pneumonia. Furthermore, the model used [22] was very close to human pseudomonal pneumonia, especially with regard to bacterial concentration [23–31], and was also close to the human therapeutic situation since human-like pharmacokinetics was successfully achieved. In these conditions, we found that continuous infusion of CAZ with or without TOB was the most effective regimen. This is in complete concordance with the current concepts of pharmacodynamics [32,33] since cCAZ is associated with the highest T > MIC.

Like others [34,35], we found a synergistic effect of the combination CAZ and TOB in lungs in vivo, but it is noteworthy that this benefit was not observed when CAZ was infused intermittently every 8 h. Taking into account that both CAZ treatments were associated with the same AUC, the lack of increased antibacterial effect of this specific TOB + CAZ combination can be explained by the relatively short period of T > MIC when CAZ was infused intermittently. Indeed, even in the combination, the antipseudomonal activity was linked to the latter PK/PD parameter [36,37]. Thus, in these human-like conditions, this CAZ + TOB combination was associated with an additional or synergistic effect if T > MIC of CAZ is maximal throughout the continuous infusion.

These observations could also be related to the pulmonary disposition of CAZ in animals, which appears to be higher with continuous than with intermittent infusion [38], and to a longer half-life in the respiratory compartments than in serum [39]. Also, in animals the passage of TOB from the serum to lungs was found to be as high as 40–70% [38,40,41], whereas in humans the passage from serum to lung tissue is ca. 20% for CAZ [42] and even lower for TOB [43–46]. These facts may explain the relatively low efficacy of either regimen observed in our study, since humanised treatments were used.

Indeed, although significant, the bacterial reductions observed in the lungs of treated animals were low. This observation is not only in accordance with our previous work [22] but also with other studies in which the treatments were not humanised [47]. This finding is also close to the human situation in which antipseudomonal treatment is associated with a transient reduction in the bacterial concentration in the respiratory tract [29,48]. This lack of pseudomonal eradication explains the occurrence of resistance in the respiratory tract of patients [29,48–51], which is in accordance with in vitro findings [52,53]. However, in our study we failed to find any *Pseudomonas* isolates that were less susceptible. This finding may be related to the relatively short duration of treatment. Indeed, in clinical settings resistance occurred within the first week of antibiotic treatment [49,54].

The efficacy of continuous infusion of CAZ was high in the spleen, as measured both by bacterial reduction and by the proportion of sterilisation; the addition of TOB was not associated with increased efficacy. In contrast, iCAZ exhibited almost no antibacterial efficacy even though no mutants were found. However, the addition of TOB to iCAZ was associated with an improvement in efficacy compared with iCAZ alone but not when compared with TOB monotherapy.

In humans, the ability of a treatment to sterilise blood cultures is associated with a reduction in mortality in patients with pseudomonal infections [55–57]. In our study, no spontaneous death occurred in treated animals compared with 40% in untreated animals (*P*=0.01). In this context, it is of interest to note that in our model the highest proportion of spleen culture sterilisation was obtained with cCAZ. Other investigators observed similar findings but only when the pseudomonal strain exhibited decreased susceptibility to CAZ [58]. Although the animal models were different (endocarditis versus pneumonia), taken together these results converge to strongly suggest that cCAZ is associated with a better in vivo antibacterial effect than iCAZ.

We conclude that for the treatment of pseudomonal infections, CAZ should be administered by continuous infusion even in combination with TOB.

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Competing interests: None declared.

Ethical approval: The experiment was approved by the Ethical Committee for Animals Investigations of the University of Burgundy (No. 4405).

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